



Chicago Chiropractic & Sports Injury Centers

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Board Certified Chiropractic Sports Physicians / Acupuncture / Physical Therapy & Rehab
Spinal Decompression / Active Release Technique / Graston / Rolwing / Massage / Orthotics

Accelerating Ligament Repair & Enhancing Tensile Strength

The body is quite a remarkable healing machine, which can stave off potentially harmful pathogens, bacteria and viruses on a daily basis. However, when it comes to particular healing functions, the body is not a wholly proficient physician. When a bone breaks our resilient frame heals itself stronger, like a weld. It does so by using the ubiquitous supply of calcium that exists in our diet and depositing it in the area of greatest necessity. Ligaments are a different story, they will, unlike bones, invariably, heal weaker following an injury. Once a ligament has been sprained or strained it will have laxity and loss of tensile strength. In short it heals weaker.

Just as physicians once thought that cartilage could not heal subsequent to injury, prior to the discovery of Glucosamine Sulfate, so it is with ligament repair. It is a widely held misconception by most physicians that only rest, time & ice (or surgery) will quell the instability, swelling and pain of a ligament injury, but the proclivity to re-injury and loss of tensile strength is thought to be irreparable. Actually, the inability to fully repair ligament is in part a result of a specific deficiency in our bodies. Our fickle palates do not allow us to consume the materials necessary for the body's ligament repair function to operate adequately. For instance, when a lion eats a gazelle, it eats the entire gazelle; meat, tendons, cartilage and *ligaments* whereas humans find the taste of ligament and tendonous material displeasurable. Short of running out to find a lean gazelle, we must look for a way to substitute what is lacking. In this search I have discovered **LIGAPLEX**, an incredibly powerful all-natural supplement that acts as an aide to ligament repair in the body.

Ligament problems and dysfunction are indiscriminate, in that they may strike anyone from the professional athlete to the sedentary couch potato. Over ninety-five percent of the population will be affected by ligament problems in their lifetime whether it is a sprained ankle/knee or a separated shoulder. Many of us can identify with the pain and discomfort associated with ligament problems but with proper care many need not suffer any longer. In conjunction with **LIGAPLEX** by utilizing the delivery effects of **ULTRASOUND and COLD LASER** we can concentrate the effects of **LIGAPLEX** to a specific area. Imagine the **LIGAPLEX** to be the construction workers of ligament repair and the *Ultrasound & Cold-Laser* is the foreman focusing all of the workers on the correct ligament. This condensed ligament, matrix that the body has been deprived of, can also be used as a preventative medicine, given its ability to strengthen the ligament with virtually no harmful side effects. Even post-surgically, if that is the chosen option, **LIGAPLEX** can be a successful adjunct in speeding and strengthening the healing process.

The synergistic combination of **LIGAPLEX** & ultrasound has been shown to increase the speed of ligament healing by approximately 32% (according to independent studies & anecdotal clinical evidence) and increase its strength at the same time. The next time you sprain an ankle or knee or wish to rehabilitate any damaged ligament (pre or post ligament surgery) or are simply trying to prevent ligament injury from occurring try using **LIGAPLEX** with ultrasound & Cold-Laser. If require ligament care call for an appointment and be astonished at the speed and strength of repair.

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